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Impact of Periapillary Diverticulum on ERCP Performance: A Matched Case-Control Study

Juan E. Corral, Omar Y. Mousa, Paul T. Kröner, Victoria Gomez and Frank J. Lukens

Division of Gastroenterology and Hepatology, Mayo Clinic, Jacksonville, FL, USA

Background/Aims: Periapillary diverticulum (PAD) is frequently encountered during endoscopic retrograde cholangiopancreatography (ERCP) and has been associated with stone formation in the bile duct. The effects of PAD on the ERCP procedure have been often debated. We aimed to compare the therapeutic success of ERCP between patients with PAD and matched controls.

Methods: We reviewed all ERCPs with findings of PAD in a national database ($n=1,089$) and compared them with age- and gender-matched controls in a 1:3 fashion ($n=3,267$). Demographics, endoscopic findings, visualization of main structures, and therapeutic success rates were compared between groups. Secondary analysis compared PAD cases and controls who had gallstone disease.

Results: The average cohort age was 68.4 ± 14.3 years and 55.1% were male. ERCP success was similar in both groups, and no significant inter-group differences were found in the multivariate analysis. The presence of PAD did not affect the rates of sphincterotomy or visualization of main biliary structures. Secondary analysis showed similar success rates for gallstone removal between patients with PAD and controls.

Conclusions: PAD may not be considered a hinderance to ERCP success. Further research is needed to determine the best approach to cannulate the ampulla and provide endoscopic therapy for different subtypes of PAD. *Clin Endosc* 2018 Aug 21. [Epub ahead of print]

Key Words: Cholangiopancreatography, endoscopic retrograde; Periapillary diverticulum; Duodenal diverticulum

INTRODUCTION

Periapillary diverticulum (PAD) is an outpouching of 2–3 cm within the ampulla that develops with aging.^{1,2} It is usually found incidentally during endoscopic retrograde cholangiopancreatography (ERCP) in 3%–32% patients.^{2–5} PAD can interfere with biliary drainage and has been associated with the development of bile duct stones, gallstones, and acute cholangitis.^{2,6}

PAD is classified in relation to the papilla location. Boix et

al. proposed three groups: type I if the papilla is found inside the diverticulum, type II if it is in the margin of the diverticulum, and type III if it is near the diverticulum.⁷ Panteris et al. simplified the classification in two groups: type A when the papilla is in the rim or within 2 cm from the edge of the diverticulum (types II and III), and type B if the papilla is inside the diverticulum or between two adjacent diverticula (type I).⁵

There is conflicting data on whether the presence of PAD affects the therapeutic success rates during ERCP. Initial studies from the 1980s and 1990s suggested that PAD may prolong the procedure time and increase complication rates.^{4,8,9} More recently, two large retrospective case-control studies and two prospective studies showed no difference in biliary cannulation rates and stone extraction success between patients with PAD and those without.^{2,5,6,10} Panteris et al. suggested that PAD may even be an indicator of easier biliary cannulation, provided that the major papilla is found easily.⁵

In the present study, we aimed to compare ERCP performance between patients with PAD and age- and gen-

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Correspondence: Juan E. Corral

Division of Gastroenterology and Hepatology, Mayo Clinic, 4500 San Pablo Road, Jacksonville, FL 32224, USA

Tel: +1-904-953-2000, Fax: +1-904-953-6225, E-mail: corral.juan@mayo.edu

ORCID: <https://orcid.org/0000-0002-8821-4534>

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der-matched controls by using a US national database.^{2,10} The primary objective was to compare ERCP therapeutic success between the cases and controls, while the secondary objective was to determine whether the findings were different for patients with gallstone disease.

MATERIALS AND METHODS

Our team requested access to the Clinical Outcomes Research Initiative (CORI) database from the National Institute of Diabetes and Digestive and Kidney Diseases Central Repository.¹¹ The CORI was launched in 1995 and is the largest multi-center endoscopic database in the US. Approximately 500 physicians from 65 adult and 12 pediatric practice sites submit more than 250,000 reports annually to a central data repository. The practice sites include private practice (70%–75% of the reports), academic sites (10%–15%), and Veterans Affairs sites (11%). They were selected to represent a complete spectrum of gastroenterology practices and include both urban and rural sites across the US. Approximately 95% of procedures reported by the CORI are performed in outpatient settings. The CORI Endoscopic Reporting Software has two major versions, V3 and V4, which were in use from 2000 to 2012 and 2012–2014, respectively. Additional details about CORI can be found elsewhere.¹¹

The CORI database V3 was reviewed to capture all ERCP procedures that reported PAD between January 2000 and December 2012.¹¹ ERCP cases in adults (≥ 18 years) with PAD were included if the endoscopist had selected duodenal diverticulum as a finding or diagnosis according to the CORI software. Patients were included if their age and gender and a description of major papilla visualization (achieved or not) were available. We removed repeated procedures performed in the same patient if two procedures had the same patient identifier number. Patients with PAD were compared with age- and gender-matched controls who were selected randomly using a 1:3 fashion from all other ERCPs, regardless of the indication for the procedure. Demographic variables, procedure time (i.e., from scope insertion to withdrawal), fluoroscopy time, endoscopic and fluoroscopic findings (e.g., visualization of the common bile duct and pancreatic duct), and therapeutic success (e.g., stone extraction determined by the endoscopist) were compared between the groups. ERCP complications and medication use are not consistently recorded in this database and were not included in our study design.

Secondary analysis was performed for patients with gallstone disease. Cases were selected if PAD and gallstones were reported in the indications or findings section in the CORI software. Controls were selected randomly in a 1:1 fashion

matched according to age, gender, and the presence of gallstones from the initial database (all indications).

Ordinal variables were compared using Pearson's chi-square test and continuous variables, using a standard *t*-test (unpaired test for means). Univariate regression was performed, followed by a multivariate regression model with significant variables ($p < 0.05$). Odds ratios and adjusted odds ratio were reported for each variable. For logistic regression, we only included procedures that had complete information on the variable of interest, namely, "ERCP success". Data were analyzed using Stata SE[®] 13.0 (College Station, TX, USA). Our research protocol was exempt from a formal institutional review board approval (since it involved analysis of de-identified information).

RESULTS

An initial CORI database review revealed 28,271 ERCPs in the study period. PAD was reported in 1,325 (4.7%) of these cases (8.6% in patients ≥ 70 years old). We identified 1,089 PAD cases with complete information and selected 3,267 matched controls for comparison (Fig. 1). The average age of the entire cohort was 68.4 ± 14.3 years, and 2,400 (55.1%) were male. Most patients were white (1,545 [65.9%]) and non-Hispanic (3,933 [90.8%]). Forty-two percent patients with PAD underwent ERCP as outpatients, while 52% of the controls underwent ERCP as outpatients. The anesthesia risk score was similar between the groups (Table 1). Biliary stones (i.e., choledocolithiasis, cholelithiasis, or biliary pancreatitis) were twice more common in patients with PAD (odds ratio decreased from 2.1 to 1.7 after performing multivariate analysis). Further, patients with PAD were less likely to have a diagnosis of cancer or benign strictures (Table 2). Stents were placed, replaced, and removed less frequently in patients with PAD (stent placement/replacement was reported in 280 [25.7%] patients with PAD vs. 1,143 [35.0%] in the controls [$p < 0.001$]; stent removal was reported in 54 [4.9%] in PAD vs. 265 [8.1%] in the controls [$p = 0.001$]).

The presence of PAD was associated with a shorter procedure time than that in the controls, but the groups had a similar fluoroscopy time (Fig. 2). After procedures where therapeutic success could not be established were removed, no difference was found in ERCP therapeutic success between the groups (94.9% [691/728] in patients with PAD vs. 96.0% [1,727/1,799] in the controls [$p = 0.2$]). The presence of PAD did not decrease the visualization rates of the minor papilla (endoscopic view), common bile duct, or pancreatic duct (fluoroscopy).

Table 2 depicts the crude and adjusted odds ratios with

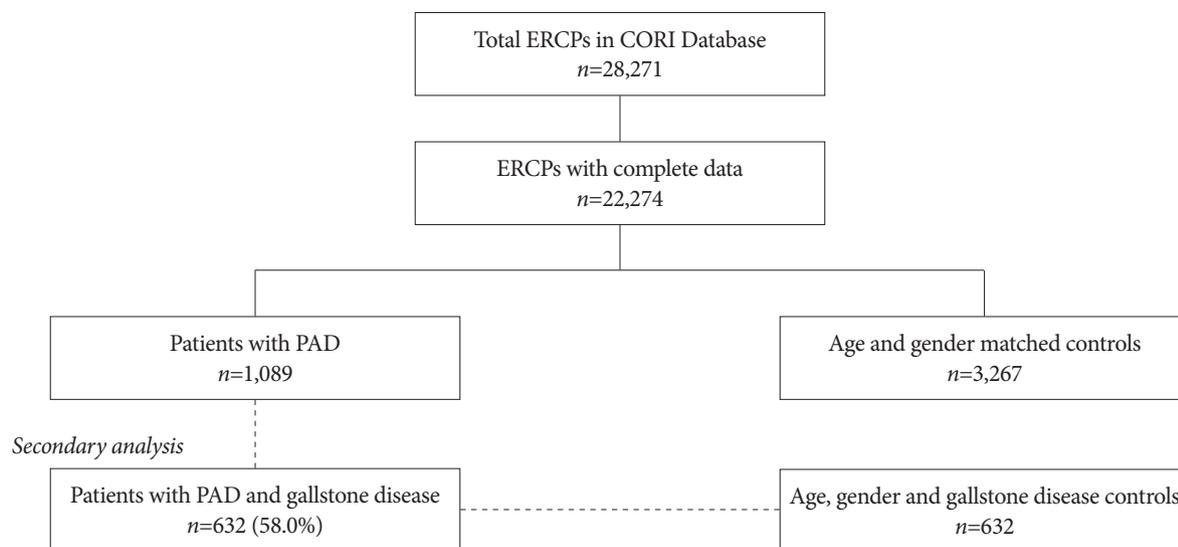


Fig. 1. Study flow diagram. ERCP, endoscopic retrograde cholangiopancreatography; CORI, Clinical Outcomes Research Initiative; PAD, periampullary diverticulum.

confidence intervals for parameters evaluated in patients with PAD. No differences were found in ERCP therapeutic success between the groups in the univariate or multivariate analysis. However, patients with PAD required a sphincterotomy more frequently than the controls did (Table 3).

PAD and gallstone disease

The secondary analysis did not show any difference between patients with PAD and gallstone disease and controls with gallstone disease in terms of procedure time or structure visualization (common bile duct, pancreatic duct, or minor papilla). After excluding cases where therapeutic success could not be established, similar success rates were observed in both groups (99.1% [437/441] in patients with PAD vs. 99.2% [381/384] in the controls; $p=0.8$).

DISCUSSION

To our knowledge, this is the largest study to assess the effect of PAD in ERCP performance on the basis of a national US sample collected over 13 years. No significant difference was seen in ERCP performance between patients with PAD and the controls, after hospital setting, procedure duration, use of sphincterotomy, and two major indications (bile stone disease or stent-related procedures) were adjusted for.

Previous studies have shown lower, higher, and no differences in the cannulation or therapeutic success rates in patients with PAD in contrast to controls.^{2,4-6,9,10} The difference between the findings can be explained by the differences in publication year, study design, and patient selection criteria.

Starting in 2004, two large retrospective studies and two prospective studies showed similar success rates in patients with PAD.^{2,5,6,10} The lower cannulation rates were attributed to the inability to detect the papilla in a substantial percentage of patients with PAD. After this subgroup of cases was excluded, no difference was found in cannulation, irrespective of the papilla location.

In the present study, the visualization rates of main structures (common bile duct and pancreatic duct) were acceptable and similar to those in previous studies (visualization of the minor papilla is shown for illustrative purposes only).^{3,6} PAD prevalence was similar to that reported in the literature (4.7% here, 3%–25% in published series)²⁻⁴ suggesting an acceptable recording of PAD within the CORI database. A detailed description of the PAD subtypes (i.e., types A or B) was not available for a subgroup analysis. In general, type B PAD has been associated more frequently with cannulation failure.⁵ In patients with this condition, many endoscopists advocate for a partial or limited sphincterotomy (pre-cut technique).^{2,5} Chen et al. reported that endoscopic sphincterotomy is less effective than papillary balloon dilation in PAD.² Similar complication rates were seen among patients who underwent regular sphincterotomy, limited sphincterotomy, and papillary balloon dilation.² Thus, further research is needed to determine the best approach to remove gallstones in patients with different subtypes of PAD, although all options appear to be safe.^{2,5}

Previous literature also shows that PAD promotes bile stone formation by interfering with biliary drainage.^{2,10} Considering the retrospective design and specific sample selection in the present study, we cannot address this point. However, biliary stone disease was twice more common in patients with PAD

Table 1. Patient Demographics, ERCP Indications and Success (n=4,356)

		Periampullary diverticulum n=1,089 (%)	Controls n=3,267 (%)	p-value
Age	Mean years±SD	68.4±14.3	68.4±14.3	-
Gender	Male (%)	600 (55.1)	1,800 (55.1)	-
Ethnicity	White	965 (89.0)	2,838 (87.3)	<0.001
	Black	31 (2.9)	231 (7.1)	
	Native American	65 (6.0)	103 (3.2)	
	Other	23 (2.1)	78 (2.4)	
ASA risk class	I	85 (8.5)	308 (10.7)	0.18
	II	527 (52.9)	1,461 (50.9)	
	III	355 (35.6)	1,001 (34.9)	
	IV - V ^{a)}	29 (2.9)	100 (3.5)	
Setting	Outpatient	436 (42.5)	1,476 (51.5)	<0.001
	Inpatient ward	557 (54.3)	1,282 (44.7)	
	ICU	33 (3.2)	111 (3.9)	
Indications and findings ^{b)}	Bile stones / Sludge	630 (57.8)	1,283 (39.3)	<0.001
	Stent ^{c)}	355 (32.6)	1,613 (49.4)	<0.001
	Obstructive jaundice	370 (34.0)	1,126 (34.5)	0.8
	Cholangitis	188 (17.3)	341 (10.4)	<0.001
	Pancreatitis	45 (4.1)	183 (5.6)	0.06
	Cancer ^{d)}	7 (0.6)	85 (2.6)	<0.001
Time	Average procedure time (min)	39.1±27.1	42.4±25.7	0.001
	Average fluoroscopy time (min)	7.1±17.3	7.2±11.8	0.8
Common bile duct visualization	Visualized	1,011 (92.8)	2,971 (90.9)	0.002
	Not visualized	74 (6.8)	235 (7.2)	
	Not sought	4 (0.4)	61 (1.9)	
Pancreatic duct visualization	Visualized	361 (35.9)	1,142 (39.3)	0.06
	Not visualized	100 (10.0)	319 (11.0)	
	Not sought	544 (54.1)	1,446 (49.7)	
Minor papilla visualization	Visualized	93 (12.2)	309 (13.5)	0.8
	Not visualized	71 (9.3)	218 (9.5)	
	Not sought	597 (78.5)	1,763 (76.7)	
Sphincterotomy	Performed	690 (63.4)	1,573 (48.1)	<0.001
ERCP therapeutic success	Successful	691 (55.5)	1,727 (52.9)	<0.001
	Unsuccessful	37 (3.4)	72 (2.2)	
	Cannot be established	361 (33.1)	1,468 (44.9)	

ERCP, endoscopic retrograde cholangiopancreatography; SD, standard deviation; ASA, American Society of Anesthesiologists; ICU, intensive care unit; PAD, periampullary diverticulum.

^{a)}Only 3 patients were considered Class V.

^{b)}These categories are not mutually exclusive.

^{c)}Includes stent placement/replacement (280 in PAD, 143 controls) and stent removal (54 in PAD, 265 in controls).

^{d)}Includes biliary, pancreatic or ampullary cancer.

than in the controls. Compared to other large ERCP series, our study reported malignant obstructions and benign strictures less frequently.² CORI does not record stone size, anatomic location, or degree of ductal dilation. These details can provide valuable information on the mechanisms underlying PAD-induced gallstones.

We observed a high number of patients having stents replaced or removed in the control group despite the exclusion

criterion of second/repeated ERCP. This can be attributed to some patients having their first ERCP performed at another institution or before the CORI software was in use or different procedures recorded under different patient number identifiers.

Multiple factors influence endoscopic cannulation and therapeutic success. Clinical expertise gained from managing multiple cases improves endoscopists' performance.

Table 2. Crude and Adjusted Odds Ratios for Factors Associated with Periampullary Diverticulum (n=4,356)

		Crude OR (95% CI)	Adjusted OR (95% CI)
Ethnicity	White	1	N/A
	Black	0.39 (0.27–0.58)	
	Native American	1.86 (1.35–2.55)	
	Other	0.87 (0.54–1.39)	
ASA Risk class	I	1	N/A
	II	1.30 (1.01–1.70)	
	III	1.29 (0.98–1.68)	
	IV-V ^{a)}	1.05 (0.65–1.69)	
Setting	Outpatient	1	1
	Inpatient	1.47 (1.27–1.70)	1.13(0.93–1.38)
	ICU	1.00 (0.67–1.51)	0.64(0.38–1.07)
Procedure time*	≤30 minutes	1	1
	>30 minutes	0.70 (0.70–0.94)	0.76 (0.63–0.92)
Bile stone/sludge*	Other indications	1	1
	Bile stone / Sludge	2.12 (1.84–2.44)	1.70(1.38–2.09)
Stent ^{b)} *	No stents	1	1
	Placement, replacement or removal	0.50 (0.43–0.57)	0.65(0.53–0.80)
Sphincterotomy*	Not performed	1	1
	Performed	1.86 (1.61–2.14)	1.27(1.02–1.58)
ERCP therapeutic success	Unsuccessful	1	1
	Successful	0.78 (0.52–1.17)	0.63(0.39–1.00)

OR, odds ratio; CI, confidence interval; N/A, not available; ASA, American Society of Anesthesiologists; ICU, intensive care unit; ERCP, endoscopic retrograde cholangiopancreatography.

*Statistically significant in multivariate analysis ($p < 0.05$).

^{a)}Only 10 patients were considered Class V.

^{b)}Includes stent placement, replacement or removal.

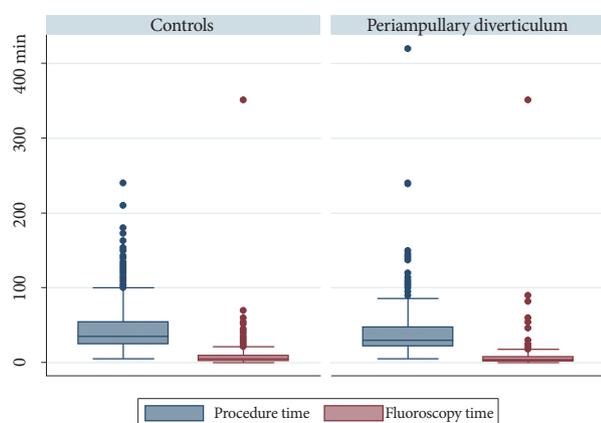


Fig. 2. Procedure time and fluoroscopy time in periampullary diverticulum patients and controls.

Patient-related variables such as patient position (e.g., prone vs. lateral) and previous surgeries are important predictors of

cannulation success but could not be included in multivariate analysis (they were mentioned in <15% of the CORI reports).

Our study has some limitations. It retrospectively compared total procedure time and fluoroscopy time but not cannulation time. Cannulation duration and success rates are probably better indicators of procedure complexity and difficulty in relation to PAD. Cannulation time represents only a small percentage of total procedure time, and group differences could be underestimated. CORI has been criticized for not being representative of endoscopic practice in the US, lack of image documentation, and incomplete patient history or procedure complications, all of which would have been useful for our assessment.¹² Finally, therapeutic success was self-reported and could not be clearly established in one-third of the cases. There is a possibility that endoscopists over-report therapeutic success for PAD (e.g., failure to perform deep cannulation in PAD despite clearing the causative gallstones) and underreport success for other indications.

Table 3. Patient with Gallstone Disease Demographics, ERCP Indications and Success (n=4,356)

		Periampullary diverticulum and gallstones n=632 (%)	Controls with gallstones n=632 (%)	p-value
Age	Mean years±SD	69.9±14.5	69.9±14.5	-
Gender	Male (%)	353 (55.9)	353 (55.9)	-
Ethnicity	White	551 (87.6)	560 (88.7)	<0.001
	Black	13 (2.1)	34 (5.4)	
	Native American	48 (7.6)	25 (3.9)	
	Other	20 (3.2)	13 (2.1)	
ASA Risk class	I	40 (7.1)	58 (10.7)	0.06
	II	309 (54.6)	280 (51.5)	
	III	203 (35.9)	183 (33.6)	
	IV - V ^{a)}	14 (2.5)	23 (4.2)	
Setting	Outpatient	202 (33.8)	229 (40.6)	0.05
	Inpatient ward	372 (62.2)	313 (55.5)	
	ICU	24 (4.0)	22 (3.9)	
Time	Average procedure time (min)	39.1±25.4	40.6±23.3	0.3
	Average fluoroscopy time (min)	8.1±22.3	7.2±8.3	0.5
Common bile duct visualization	Visualized	630 (99.7)	624 (98.7)	0.1
	Not visualized	1 (0.2)	1 (0.2)	
	Not sought	1 (0.2)	7 (1.1)	
Pancreatic duct visualization	Visualized	168 (28.8)	148 (26.7)	0.6
	Not visualized	43 (7.4)	42 (7.6)	
	Not sought	372 (63.8)	365 (65.7)	
Minor papilla visualization	Visualized	46 (10.7)	41 (9.2)	0.2
	Not visualized	33 (7.7)	22 (4.9)	
	Not sought	350 (81.6)	383 (85.8)	
Sphincterotomy	Performed	522 (83.6)	463 (73.3)	<0.001
ERCP therapeutic success	Successful	437 (69.2)	381 (60.3)	0.003
	Unsuccessful	4 (0.6)	3 (0.5)	
	Cannot be established	191 (30.2)	248 (39.2)	

ERCP, endoscopic retrograde cholangiopancreatography; SD, standard deviation; ASA, American Society of Anesthesiologists; ICU, intensive care unit.

^{a)}Only 2 patients were considered Class V.

Despite these limitations, our analysis provides a snapshot of the largest endoscopy sample in the US. Along with recent retrospective and prospective studies, this matched case-control study confirms that PAD may not be considered a hindrance to the success of ERCP.

Conflicts of Interest

The authors have no financial conflicts of interest.

Author Contributions

Conceptualization: Juan E. Corral, Frank J. Lukens
 Data curation: Omar Y. Mousa, Paul T. Kröner
 Formal analysis: JEC, OYM, PTK
 Investigation: JEC, PTK, OYM
 Methodology: OYM, PTK
 Software: PTK
 Supervision: Victoria Gomez, FJL

Visualization: JEC
 Writing-original draft: JEC
 Writing-reviewing&editing: JEC, VG, FJL

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